

CHRISTMAS IN POLAND



CHRISTMAS, IN POLISH BOŻE NARODZENIE

CHRISTMAS IN POLAND IS THE MOST FAMILIAR, TRADITIONAL AND JOYFUL TIME. DURING CHRISTMAS PEOPLE TRY TO BE KIND, FRIENDLY AND GENEROUS TO ONE ANOTHER. THE **BEGINNING OF CHRISTMAS** TIME IS CALLED ADVENT. **DURING ADVENT PEOPLE** PREPARE THEIR HOUSES FOR CHRISTMAS.



CHRISTMAS EVE "WIGILIA"

CHRISTMAS EVE, WIGILIA, IS A VERY IMPORTANT DAY. ON THIS DAY **FAMILIES DECORATE** CHRISTMAS TREE AND PREPARE THE CHRISTMAS **EVE SUPPER. THE SUPPER** SHOULD TRADITIONALLY **CONSISTS OF TWELVE** DISHES.



THE MOST POPULAR DISHES

THE MOST POPULAR DISHES ARE:

- RED BORSH WITH PIES,
- MUSHROOM SOUP,
- FISH SOUP,
- CARP: FRIED, IN A JELLY,
- BOILED OR FRIED 'PIEROGIS' WITH SAUERKRAUT AND MUSHROOMS,
- POPPY-SEED CAKE,
- DRIED FRUIT COMPOTE "
- KUTIA"(IT'S A DESSERT).



THE TABLE IS USUALLY **COVERED WITH A** WHITE TABLECLOTH AND HAY IS SPREAD UNDER IT. WHEN THE FIRST STAR APPEARS IN THE SKY, PEOPLE TAKE SEATS AT THE CHRISTMAS TABLE. THEY DO NOT FORGET LEAVING AN EMPTY PLACE FOR AN UNEXPECTED GUEST.



BEFORE THE SUPPER MEMBERS OF THE FAMILY SHARE THE HOLY WAFER, AFTER SUPPER THEY GIVE **EACH OTHER** PRESENTS WHICH **WERE PUT UNDER** THE CHRISTMAS TREE AND SING THE CHRISTMAS CAROLS.



AT MIDNIGHT MANY
PEOPLE GO TO
CHURCH TO
ATTEND THE
MIDNIGHT MASS.



 IN POLAND THE FIRST DAY OF CHRISTMAS -25TH DECEMBER IS USUALLY SPENT AT HOME. THE SECOND DAY OF CHRISTMAS IS SPENT IN A DIFFERENT WAY. PEOPLE VISIT ONE ANOTHER, TALK OR SING CAROLS. FROM THAT DAY THE CARNIVAL BEGINS.



NEW YEAR'S EVE

IN POLAND A NEW
YEAR'S EVE IS
CALLED
SYLVESTER. MOST
PLISH PEOPLE
CELEBRATE NEW
YEAR'S EVE AT
FORMAL BALLS.





TRADITIONAL

WISHES

· IN POLI

IN ENGLISH

WESOLYCH ŚWIĄT

MERRY CHRISTMAS

SZCZĘŚLIWEGO **NOWEGO ROKU**

HAPPY NEW YEAR

